

DUBEAST

STRENGTH AND CONDITIONING



**CAMP
HELD AT
WYLIE
EAST HS**

**BRING
YOUR OWN
WATER**

6 WEEK PROGRAM

01 JUNE 6TH - 9TH

04 JUNE 27TH - 30TH

02 JUNE 13TH - 16TH

05 JULY 11TH - 14TH

03 JUNE 20TH - 23RD

06 JULY 18TH - 21ST

BOYS

**GRADES 7-12
7:15 - 8:45**

GIRLS

**GRADES 7-12
9:15 - 10:45**



 **SCAN ME**